

Anxious to Achievement

To be used alongside this video: <https://youtu.be/QNuKggjXZD4>

Everything that worries me and I feel anxious about	Top 3 concerns	Concern 1: 10 action points I can do today to move forward:	Concern 2: 10 action points I can do today to move forward:	Concern 3: 10 action points I can do today to move forward: