

## Anxious to Achievement

To be used alongside this video: <https://youtu.be/QNuKgqJXZD4>

Everything that worries me and I feel anxious about	Top 3 concerns	Concern 1:  10 action points I can do today to move forward:	Concern 2:  10 action points I can do today to move forward:	Concern 3:  10 action points I can do today to move forward: